

MAKE A QUILLOW

Katrina Relief Effort

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A quillow is a quilt with a pillow pouch attached. When folded, it looks like a pillow; when fully unfolded it is a quilt to keep you warm with a pouch for your feet.

Capital Quilts is providing you with this free pattern in support of the relief effort for Hurricane Katrina victims. Make one or ten and ship them to one of the addresses listed on our website or a charity of your choice.

We offer the directions in two sizes: 36"x 45" suitable for babies and toddlers; 45"x 60" suitable for children and adults.

FABRIC REQUIREMENTS

SMALL: 1 yard fabric for top
36"x 45" 1 yard fabric for back
Batting: 36"x 45"
15" square for pillow top
15" square for pillow back
15" square batting

LARGE: 1-3/4 yards fabric for top
45"x 60" 1-3/4 yards fabric for back
Batting: 45"x 60"
18" square for pillow top
18" square for pillow back
18" square batting

SOME HELPFUL HINTS BEFORE YOUR START:

- ▶ Use a dense, polyester batting such as Quilter's Dream Poly to retain loft and avoid shifting.
- ▶ Use a walking foot throughout the sewing process to avoid shifting.
- ▶ Don't over-do the quilting. Refer to the batting packaging for maximum quilting distance.
- ▶ The given measurements are estimates. Don't fret if your chosen fabric is not exactly 45" wide (few are). It will still work just fine.

MAKE THE PILLOW

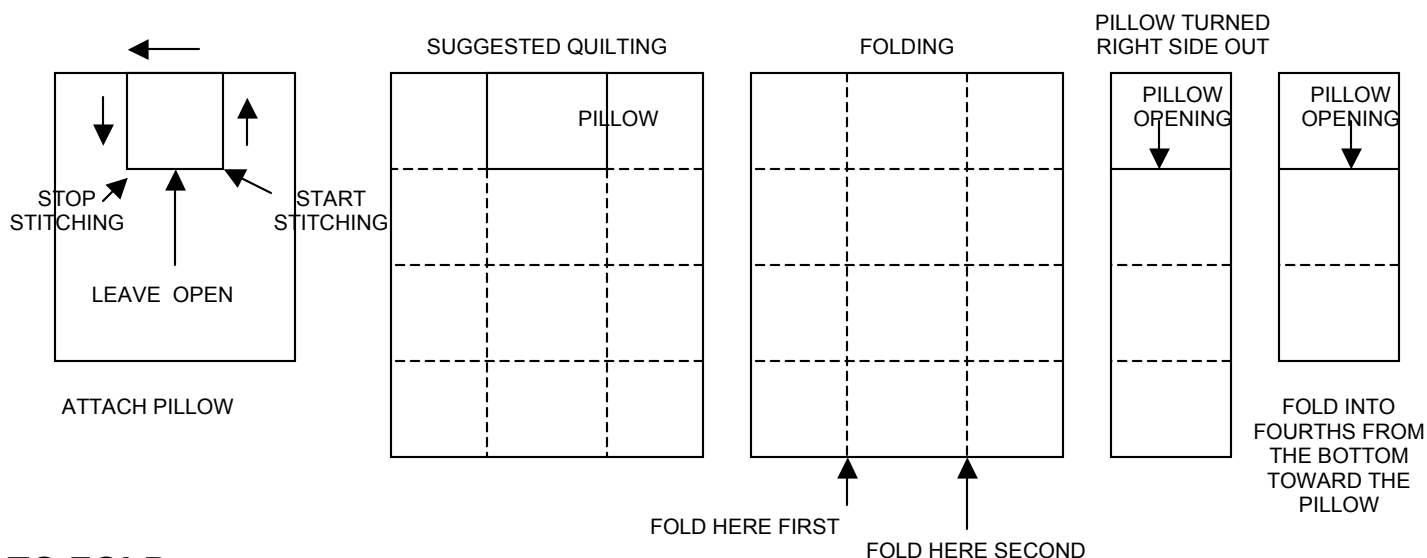
Place pillow back and top right sides together on a flat surface. Place batting on top of the sandwich and pin layers together using about 9 straight pins. Using a rotary cutter and ruler, trim the edges of all four sides so that the selvages are removed and the edges are even. Using a 1/4" seam allowance, stitch around the outside edges leaving a 6" to 8" opening for turning. Lock stitches at start and stop. Carefully turn pillow right side out, gently pushing out corners and edges. Turn in seam allowances at the opening and hand stitch closed. Add some quilting or tacking stitches to the pillow top to keep the batting from shifting.

MAKE THE QUILT

Place the quilt back and top right sides together on a flat surface. Place batting on top of the sandwich and pin layers together using about 20 straight pins. Using a rotary cutter and ruler, trim the edge of all four sides so that the selvages are removed and the edges area even. Using a 1/4" seam allowance, stitch around the outside edges leaving a 6" to 8" opening for turning. Lock stitches at start and stop. Carefully turn quilt right side out, gently pushing out corners and edges. Turn in seam allowances at the opening and hand stitch closed. Top stitch around the outside of the quilt, 1/4" in from the edge.

PILLOW + QUILT = QUILLOW

Place the quilt on a flat surface with the back of the quilt on top. Place the pillow on the quilt as indicated in the drawing. Pin pillow in place to avoid shifting. Stitch 1/4" from the edge of the pillow. Lock stitches at both start and stop. Complete the quilting on the quilt portion of the quillow. Do not to quilt over the pillow portion. The drawing shows a suggested quilting design which is helpful when folding the quillow.



TO FOLD

- ▶ Place the quillow on a flat surface with the pillow down. Using the suggested quilting lines, fold the quilt into thirds lengthwise. Flip the quillow over.
- ▶ Turn the pillow portion right side out. Yes, it does look strange at the point!
- ▶ Once again, using the suggested quilting lines and starting from the edge farthest from the pillow, fold the quillow into fourths. At the last fold, insert the quilt into the pillow. Pat it smooth.

Be creative! We have found that the pillow measurements given result in a flatter pillow; if you want a puffier pillow, make the pillow part smaller. Add straps to make it easier to carry; add more pockets for moms to carry bottles, etc. If you would like to make a larger quilt, create a pillowcase to hold it. This is also a great project for those quilt tops languishing in the closet. Get them out, and put a pocket on them. Lastly, don't forget to include your personal message on a label; you need not place your personal information on the label.